



Additional resources for toilet training



Bladder & Bowel UK

For more information regarding toilet training and related bladder and bowel problems visit www.bbuk.org.uk

Information for children and families is available in the [children's information library](#) on the Bladder & Bowel UK website. [Information for professionals](#) is also available on the website.

Down Syndrome UK (DSUK), Positive About Down Syndrome (PADS)

For Professionals

There is a closed [Facebook group](#) exclusively for professionals working with children with Down syndrome in preschool settings. Please join to share resources, best practice and experiences and to ask for advice.

Professionals working with pupils in primary school may join the group at <https://www.facebook.com/groups/930859953761479>

Further information about the [#pants4school](#) project can be found at <https://downsyndromeuk.co.uk/parents/toilettraining/>

Professionals working with children with Hirschsprung's disease may join the group at <https://www.facebook.com/groups/235842294782159>

For further information about Down syndrome, please contact Down Syndrome UK. Down Syndrome UK are developing an online programme of virtual training events that nurseries and other preschool settings can access.

For Parents

For parents and families of children with Down syndrome there are a number of closed Facebook groups that can provide information, advice and support around toilet training.

Additional resources for toilet training

These can be accessed via:

- For families whose children are under five years old [DSUK #pants4school Toilet training advice 4 children upto 5 w Down syndrome](#)
- For families whose children are five years old or more [DSUK Toileting issues 4 children & young people w Down syndrome aged 5+ | Facebook](#)
- For families whose children have anorectal malformations or Hirschsprung's disease and Down syndrome <https://www.facebook.com/groups/235842294782159>
- Games to support toilet training are available at <https://www.twinkl.com/resources/twinkl-partnerships/down-syndrome-uk>

Links to further information about Down Syndrome:

[Positive About Down Syndrome](#) provides information and support to new and expectant parents of a child with Down syndrome.

[Down Syndrome Education](#) works to improve early intervention and education for children with Down syndrome around the world.

[The Down's Syndrome Association](#) are a national organisation, committed to improving the quality of life of people who have Down's syndrome, promoting their right to be included on a full and equal basis with others.

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