

# WORLD BEDWETTING DAY

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TIME TO TAKE ACTION - 30<sup>TH</sup> MAY 2017



**Bedwetting, also known as nocturnal enuresis, is an uncontrollable leakage of urine while asleep<sup>1</sup>**



Bedwetting is a common **childhood condition**

**Most common reasons for bedwetting<sup>2</sup>**



Reduced bladder capacity




**Zzz**

Difficulty waking up




Over-production of urine at night



Nocturnal enuresis affects approximately

**16%** of 5 year old children<sup>3</sup>



**Parents delay** seeking treatment advice with healthcare professionals by **up to 3 years<sup>4</sup>**

# Bedwetting has a serious impact on a child



School and social performance<sup>5</sup>



Emotional well-being, Self-esteem<sup>2</sup>



Day time functioning<sup>2</sup>

**Bedwetting can be treated and families should speak to a healthcare professional to seek further support**  
**Early treatment in young children (5-6 years) should be recommended<sup>6</sup>**

For more information about this medical condition, please visit our website

[WWW.STOPBEDWETTING.ORG](http://WWW.STOPBEDWETTING.ORG)



**World Bedwetting Day is held every last Tuesday in May to raise awareness among the public and healthcare professionals that bedwetting is a common medical condition that can and should be treated.**

World Bedwetting Day was initiated and supported by the World Bedwetting Day Steering Committee, which consists of the International Children's Continence Society (ICCS), the European Society for Paediatric Urology (ESPU), the Asia Pacific Association of Paediatric Urology (APAPU), the International Paediatric Nephrology Association (IPNA), the European Society of Paediatric Nephrology (ESPN), the Sociedad Iberoamericana de Urología Paediatrica (SIUP) and the North American Paediatric Urology Societies. This initiative is supported by Ferring Pharmaceuticals.



**References:** 1. Austin P *et al.* The Standardization of Terminology of Lower Urinary Tract Function in Children and Adolescents: Update Report from the Standardization Committee of the International Children's Continence Society, The Journal of Urology. 2014;191:1863-1865 2. Vande Walle J *et al.* Erratum to: Practical consensus guidelines for the management of enuresis. Eur J Pediatr 2012;171:971-983 3. Yeung. CH *et al.* BJU International 2006; 97: 1069-1073. 4. SD Consulting. Global Bedwetting Study (Europe, Brazil, China, Japan) Qualitative large scale. 2014. 5. Van Herzele C, Dhondt K, Roels S P *et al.* Desmopressin(melt) therapy in children with monosymptomatic nocturnal enuresis and nocturnal polyuria results in improved neuropsychological functioning and sleep. Pediatr Nephrol. 2016; Aug;120(2):e308-16 6. Hägglöf B *et al.* Scand J Urol Nephrol 1997;183:79-82

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