## WORLD BEDWETTING DAY

TIME TO TAKE ACTION - 30TH MAY 2017

## Bedwetting is a common medical condition that can and should be treated

- It is not a psychological issue, but rather is commonly caused by over-production of urine at night, the inability to wake up or reduced bladder capacity<sup>2,3,4</sup>
- Left untreated, bedwetting will not necessarily go away by itself⁵
- Early treatment in young children (5-6 years) should be recommended<sup>6</sup>



For more information about this medical condition, please visit our website

## WWW.STOPBEDWETTING.ORG



World Bedwetting Day was initiated and supported by the World Bedwetting Day Steering Committee, which consists of the International Children's Continence Society (ICCS), the European Society for Paediatric Urology (ESPU), the Asia Pacific Association of Paediatric Urology (APAPU), the International Paediatric Nephrology Association (IPNA), the European Society of Paediatric Nephrology (ESPN), the Sociedad Iberoamericana de Urologia Paediatrica (SIUP) and the North American Paediatric Urology Societies. This initiative is supported by Ferring Pharmaceuticals.

## REFERENCES

1. Hjälmås K *et al.* Nocturnal Enuresis: An International Evidence Based Management Strategy. The Journal of Urology. Vol. 171,2545–2561, June 2004 **2.** Vande Walle J *et al.* Practical consensus guidelines for the management of enuresis. Eur J Pediatr 2012;171(6):971-983 **3.** Vande Walle J *et al.* Erratum to: Practical consensus guidelines for the management of enuresis. Eur J Pediatr 2013;172(2):285 **4.** Vande Walle J *et al.* Erratum to: Practical consensus guidelines for the management of enuresis. Eur J Pediatr 2012;171(6):1005 **5.** NHS Conditions: http://www.nhs.uk/conditions/Bedwetting/pages/introduction.aspx [Last accessed: 22.12.16] **6.** Hägglöf B *et al.* Scand J Urol Nephrol 1997;183:79-82 Date of preparation April 2017. MN/995/2017/UK





