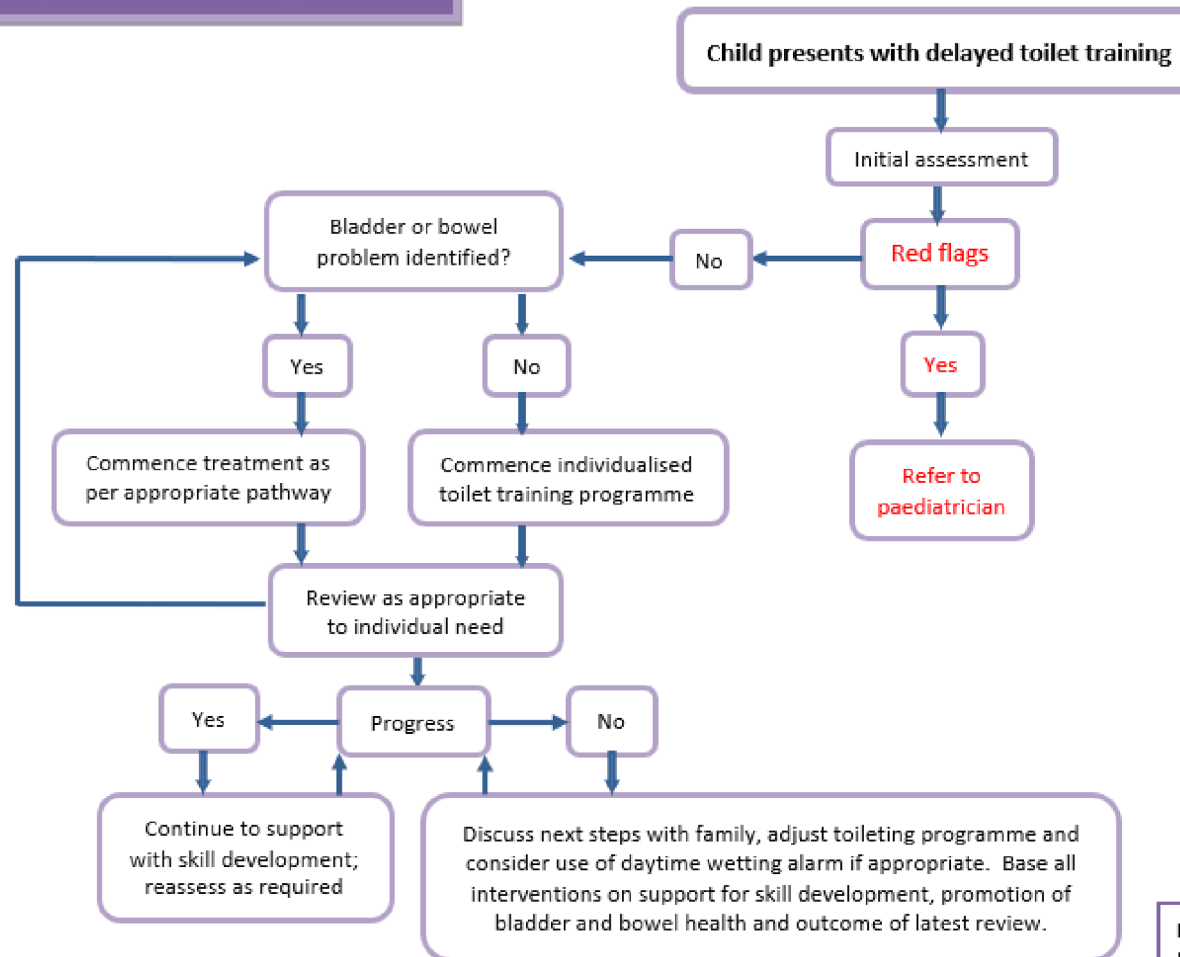


**Children's Bladder and Bowel Care Pathway
Delayed Toilet Training – level 2**



For information on 'Red Flags' refer to NICE guidance at <https://www.nice.org.uk/guidance/cg99/chapter/1-guidance>

Parallel plans for all children

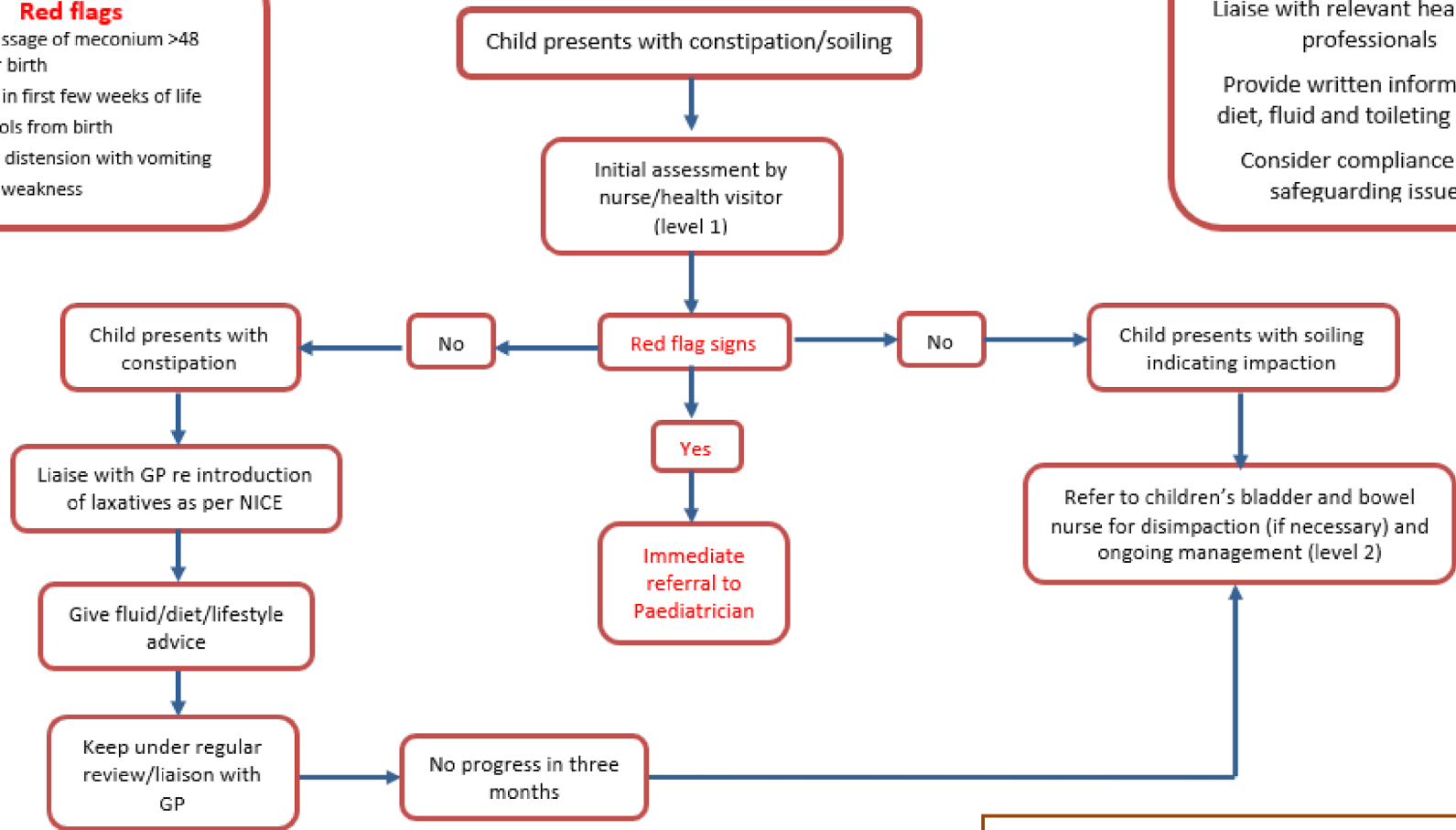
- Provide appropriate explanations and written information
- Provide appropriate dietary and fluid advice
- Liaise with multidisciplinary team as appropriate to promote consistency between carers
- If the child has physical or sensory difficulties, consider OT referral for appropriate toilet aids and adaptations
- Consider compliance and safeguarding issues

Resources
 For families and carers at <http://www.bbuk.org.uk/children-young-people/children-resources/>
 For professionals at <http://www.bbuk.org.uk/professionals/professionals-resources/>

Children's Bladder and Bowel Care Pathway Constipation/Soiling – level 1

Red flags
 Delay in passage of meconium >48 hours after birth
 Symptoms in first few weeks of life
 Ribbon stools from birth
 Abdominal distension with vomiting
 Recent leg weakness

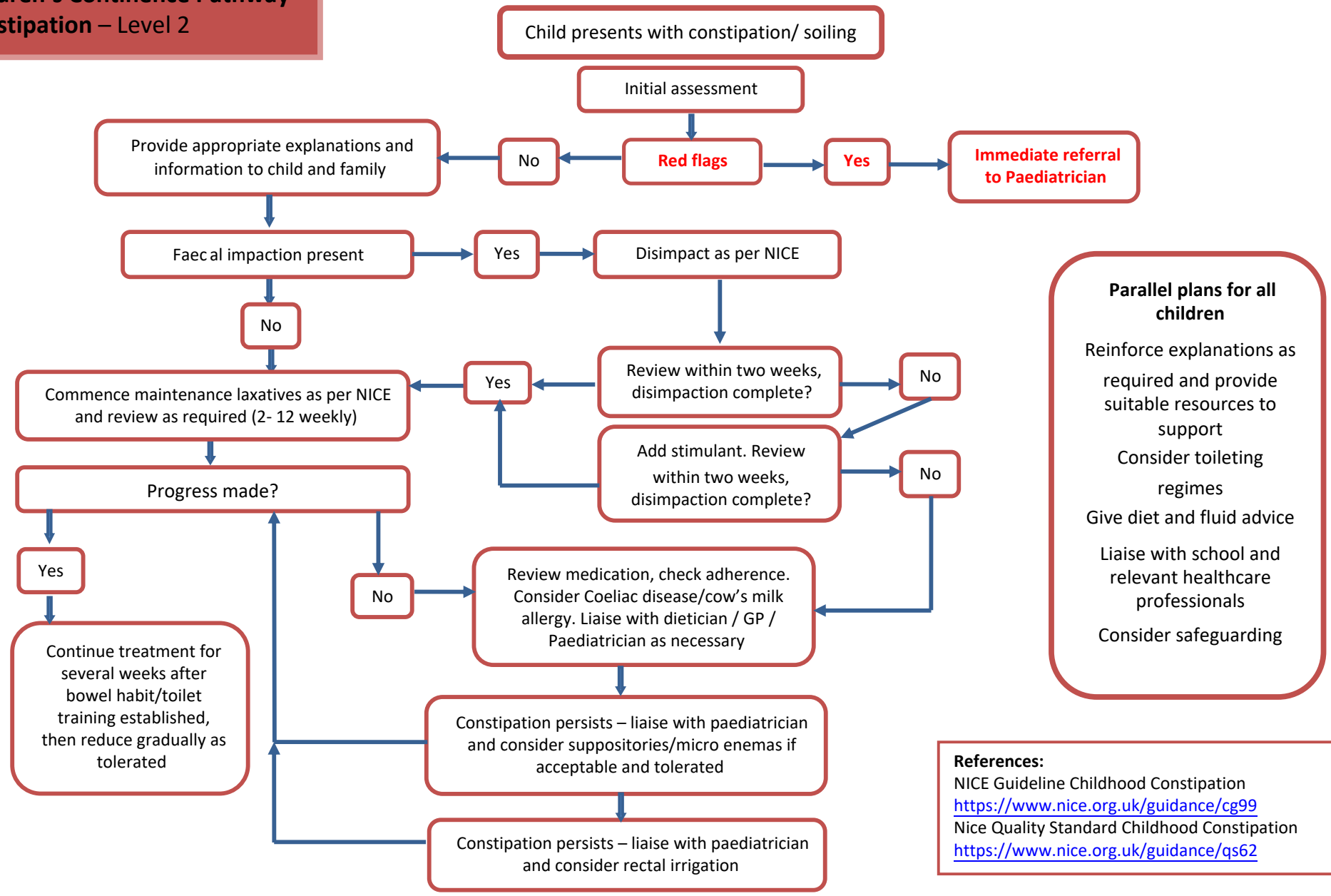
Parallel plans for all children
 Liaise with relevant healthcare professionals
 Provide written information, diet, fluid and toileting advice
 Consider compliance and safeguarding issues



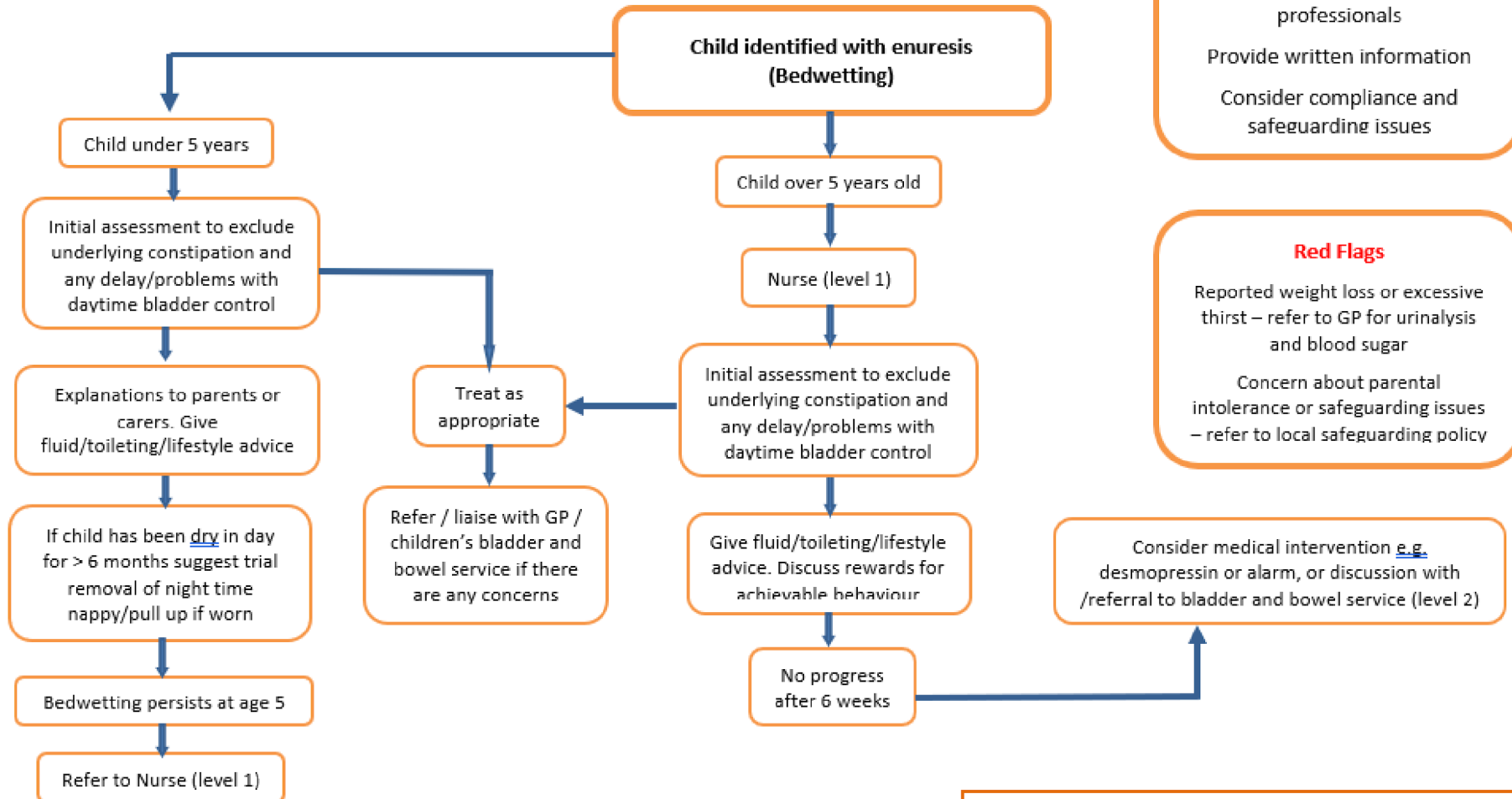
References:
 NICE Guideline Childhood Constipation <https://www.nice.org.uk/guidance/cg99>
 NICE Quality Standard Childhood Constipation <https://www.nice.org.uk/guidance/qs62>

Resources
 For families and carers at <http://www.bbuk.org.uk/children-young-people/children-resources/>
 For professionals at <http://www.bbuk.org.uk/professionals/professionals-resources/>

**Children's Continenence Pathway
Constipation – Level 2**



Children's Bladder and Bowel Care Pathway Enuresis (Bedwetting) – level 1



Parallel plans for all children

Liaise with relevant healthcare professionals
Provide written information
Consider compliance and safeguarding issues

Red Flags

Reported weight loss or excessive thirst – refer to GP for urinalysis and blood sugar
Concern about parental intolerance or safeguarding issues – refer to local safeguarding policy

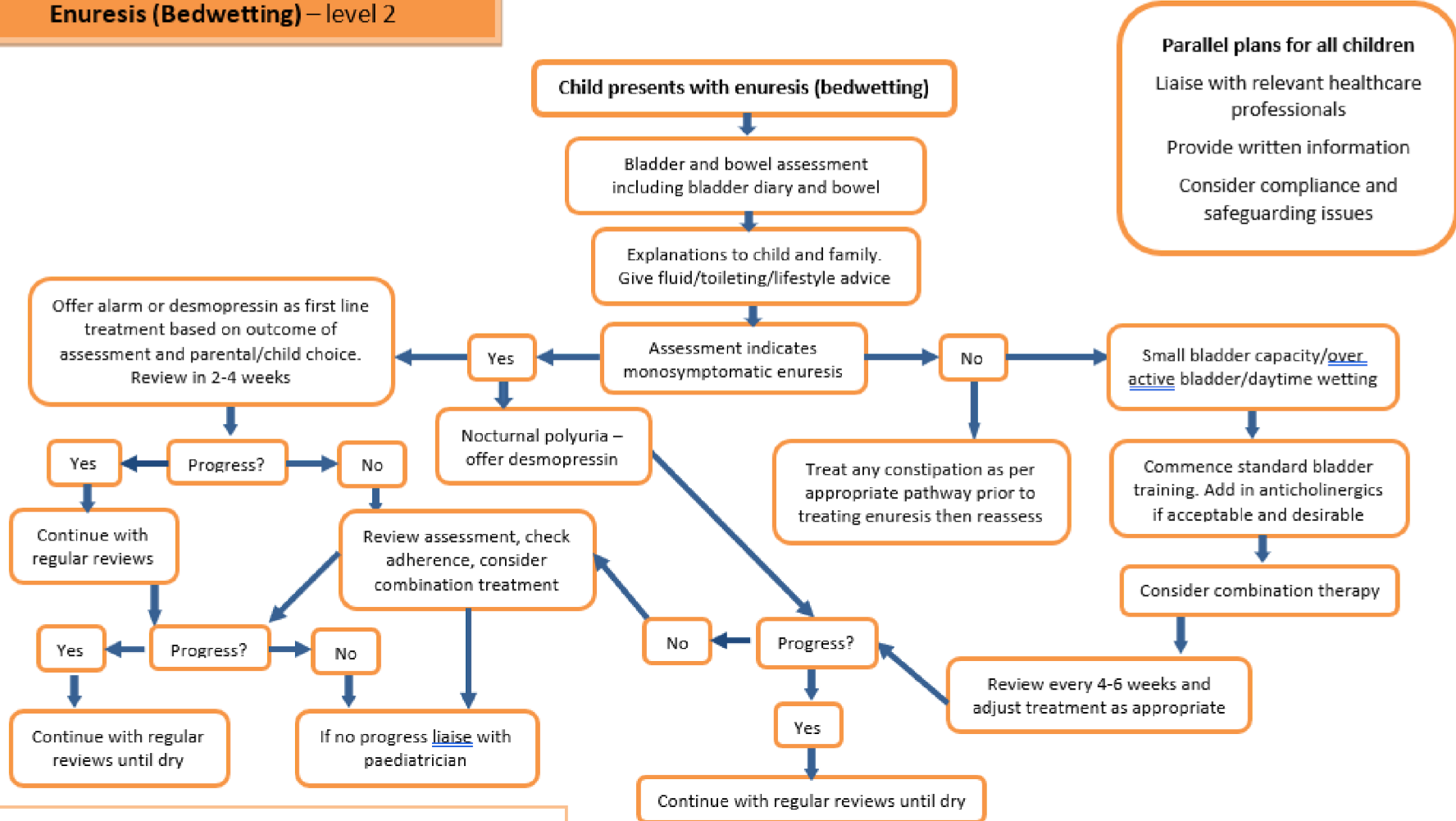
References:

NICE Guideline Bedwetting in children and young people <https://www.nice.org.uk/guidance/cg111>
NICE Quality Standard Bedwetting in children and young people <https://www.nice.org.uk/guidance/qs70>

Resources

For families and carers at <http://www.bbuk.org.uk/children-young-people/children-resources/>
For professionals at <http://www.bbuk.org.uk/professionals/professionals-resources/>

Children's Bladder and Bowel Care Pathway Enuresis (Bedwetting) – level 2



References:
 NICE Guideline Bedwetting in children and young people
<https://www.nice.org.uk/guidance/cg111>
 NICE Quality Standard Bedwetting in children and young people
<https://www.nice.org.uk/guidance/qs70>

Resources
 For families and carers at <http://www.bbuk.org.uk/children-young-people/children-resources/>
 For professionals at <http://www.bbuk.org.uk/professionals/professionals-resources/>

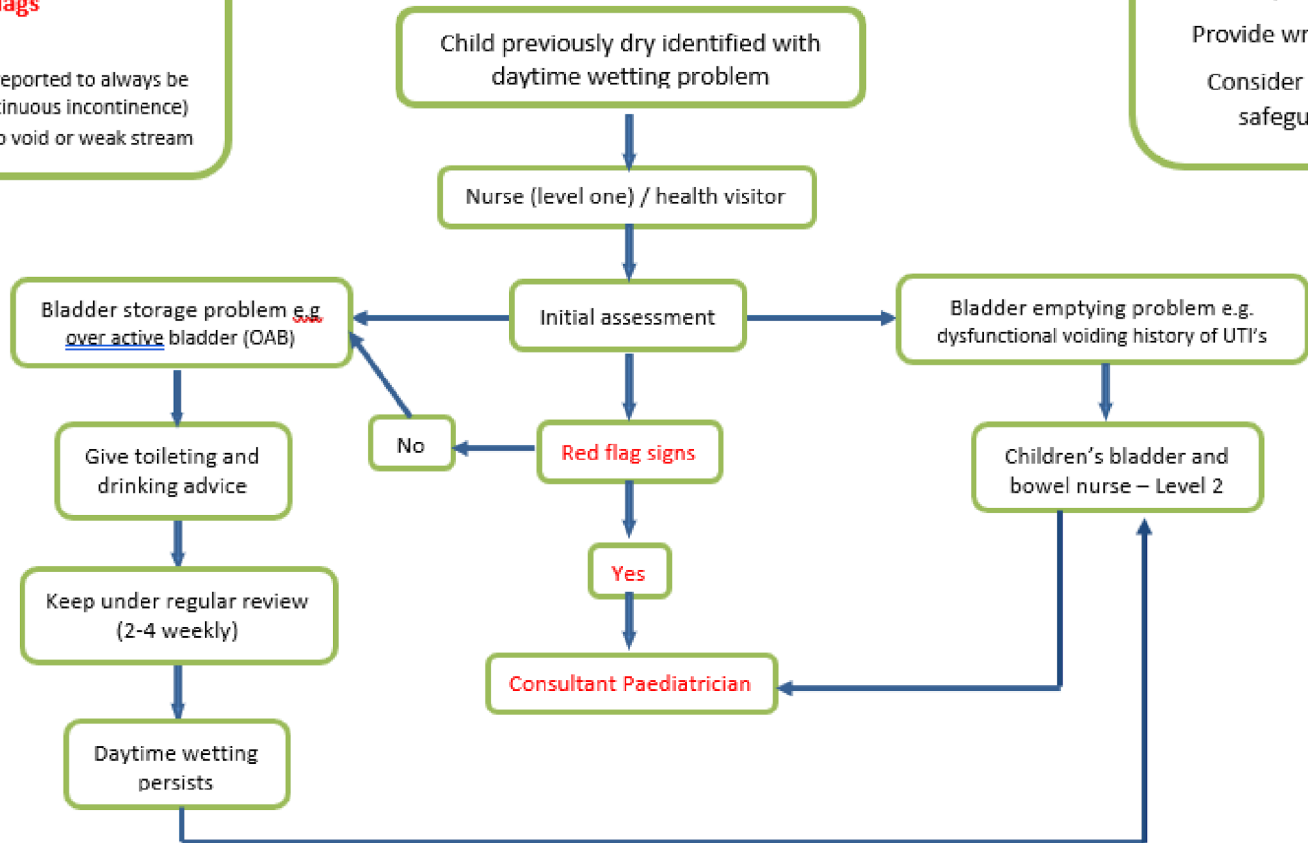
Children's Bladder and Bowel Care Pathway Daytime wetting – level 1

Red flags

- History of repeated UTIs
- Child (particularly girls) reported to always be wet during the day (continuous incontinence)
- Any reported straining to void or weak stream

Parallel plans for all children

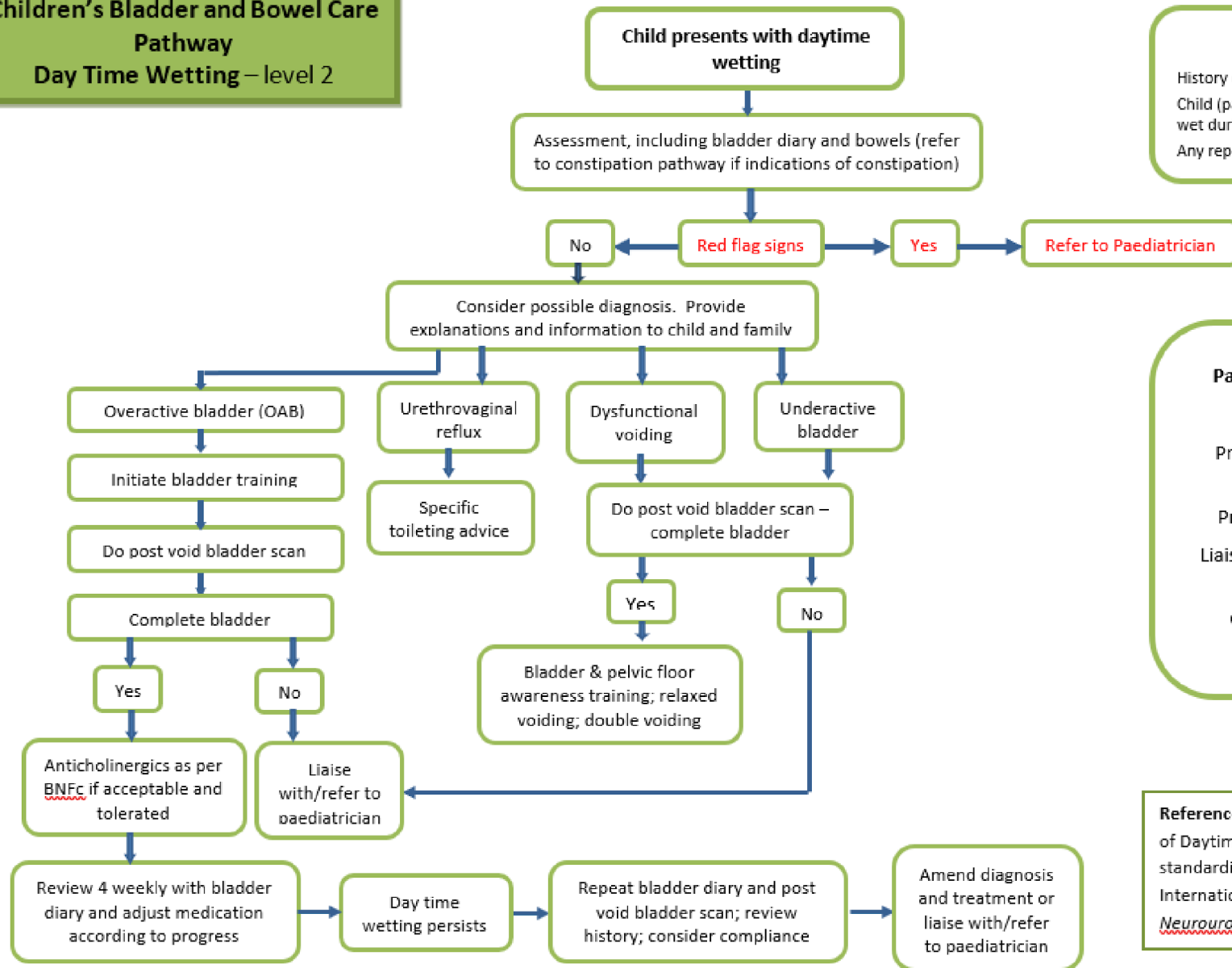
- Liaise with relevant healthcare professionals
- Provide written information
- Consider compliance and safeguarding issues



Resources
 For families and carers at <http://www.bbuk.org.uk/children-young-people/children-resources/>
 For professionals at <http://www.bbuk.org.uk/professionals/professionals-resources/>

Children's Continenence Care Pathways Levels 1 & 2

Children's Bladder and Bowel Care Pathway Day Time Wetting – level 2



Red flags

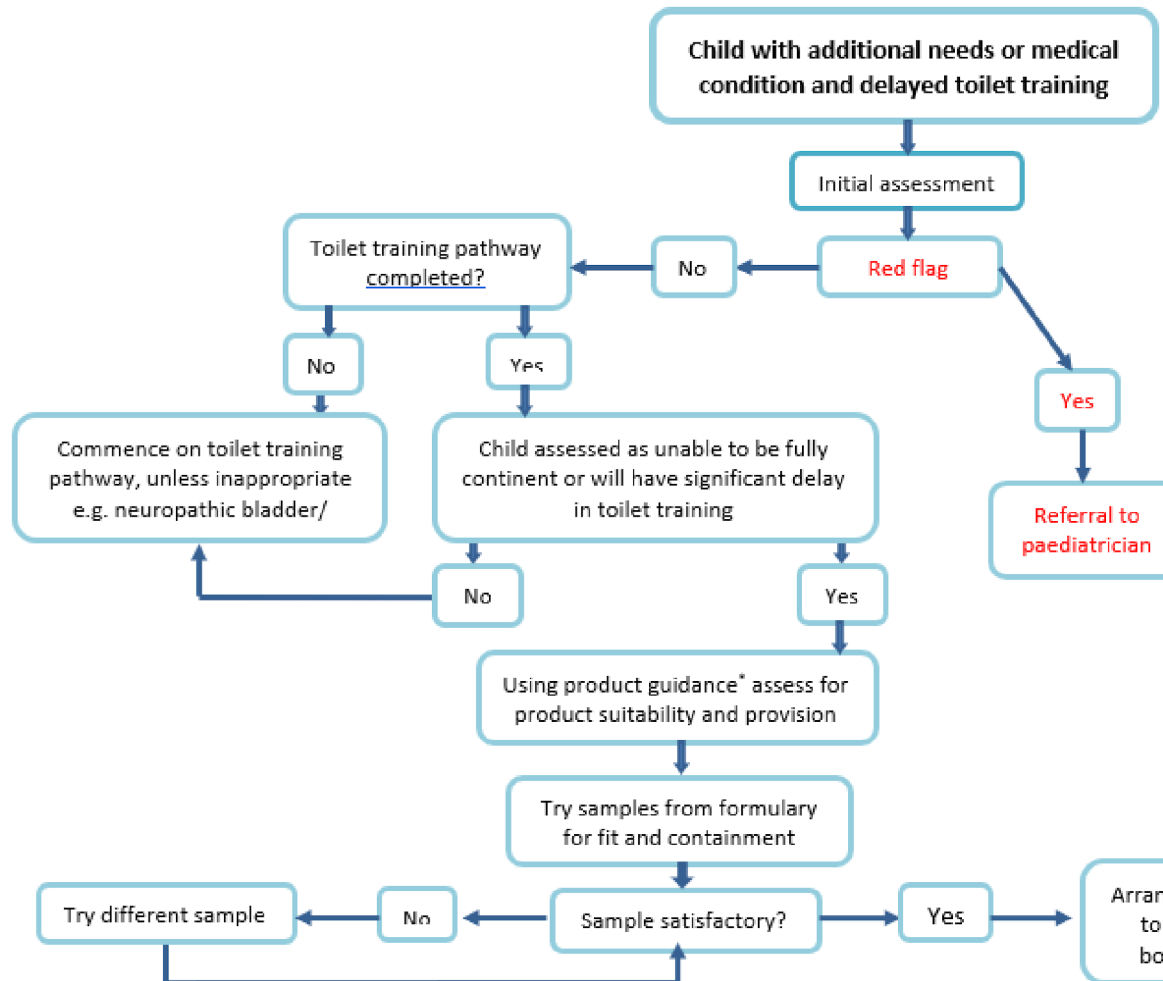
- History of repeated UTIs
- Child (particularly girls) reported to always be wet during the day (continuous incontinence)
- Any reported straining to void or weak stream

Parallel plans for all children

- Exclude constipation
- Provide lifestyle and bladder training advice
- Provide written information
- Liaison with school and relevant healthcare professionals
- Consider compliance and safeguarding issues

References: Chang S et al (2017) Treatment of Daytime Urinary Incontinence: A standardization document from the International Children's Continence Society *Neurology and Urodynamics* 36, 43-50

Children's Bladder and Bowel Care Pathway Product provision – level 2



For information on 'Red Flags' refer to NICE guidance at <https://www.nice.org.uk/guidance/cg99/chapter/1-guidance>

Parallel plans for all children

- Provide appropriate explanations and written information
- Provide appropriate dietary and fluid advice
- Liaise with multidisciplinary team as appropriate
- If products provided ensure family know how to use, how to reorder and how to arrange reassessment
- Consider compliance and safeguarding issues

*Guidance for provision of continence containment products to children and young people available at: <https://www.bbuk.org.uk/toileting-aids-and-containment-products-children/>

Further Information

Find more information about child bladder and bowel health in our information library at www.bbuk.org.uk.

You can also contact the Bladder & Bowel UK confidential helpline.

For further advice on bladder and bowel problems speak to your GP or other healthcare professional.